



Debt Management

PARTICIPANT'S GUIDE

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My Debt-to-Income Ratio

Debt-to-Income (DTI) Ratio = monthly debt divided by gross monthly income (income before taxes)

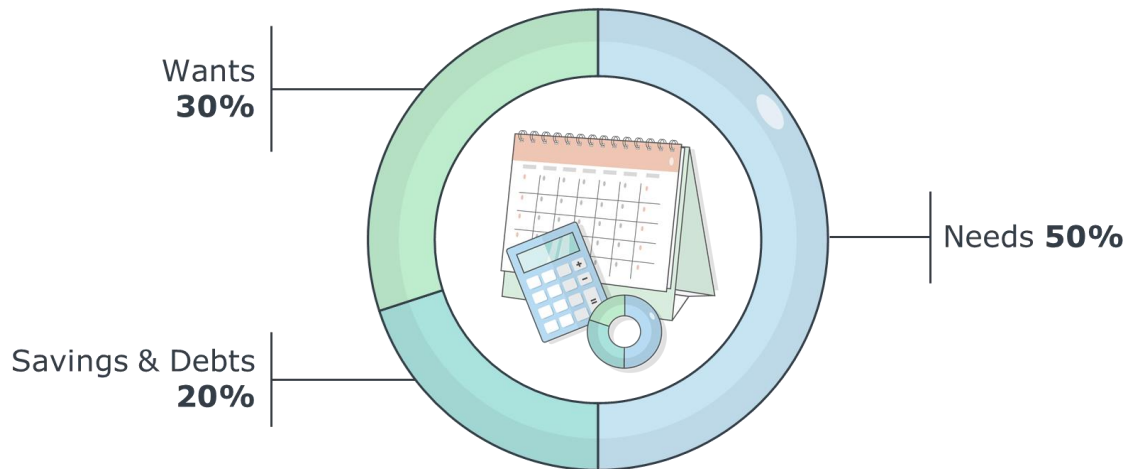
My Debt-to-Income Ratio:

$$\frac{\text{monthly debt}}{\text{monthly gross income}} = \frac{\text{DTI}}{\text{DTI}} \text{ or } \frac{\text{DTI}}{\text{DTI}} \%$$

Financial Athlete	Less than 30%
Fit	31–36%
Borderline	37–40%
Unhealthy	More than 40%

My financial health is:

The 50/30/20 Budgeting Rule



Calculating Percentage Spent

Percentage spent on “needs”		Percentage spent on “wants”	

My Financial Health Worksheet

My gross monthly income (income before taxes): \$ _____

Debt Breakdown

	Minimum Monthly Payment	Total Balance	Interest Rates/ Annual Percentage Rate (APR)
Mortgage Debt			
Student Loan Debt			
Car Loans			
Credit Card Debt (list these here)			
TOTALS:			